**DATA PROTECTION / PRIVACY NOTICE**

This privacy policy is for this website cahula.co.uk and served by Carla Rose and governs the privacy of its users who choose to use it.

The policy sets out the different areas where user privacy is concerned and outlines the obligations & requirements of the users, the website and website owners. Furthermore the way this website processes, stores and protects user data and information will also be detailed within this policy.

We take your privacy seriously and any personal data supplied by you will be treated with the utmost discretion and used by Carla in strict accordance with current data protection and legislation. Your use of this website signifies your consent to us collecting and using personal data about you as specified below. I, Carla Rose, will use your personal details and information to provide you with use of our services and facilities, to administer and maintain our subscription records, to process your application and payments, to verify your identity and to carry out market research. We may keep your information for a reasonable period for these purposes.

If your personal details change, if you change your mind about how you wish to be contacted, or if you have any queries about how we use your information, please let us know by contacting cahula@hotmail.com. You hereby consent to the use of your information, including sensitive personal data relating to your health and fitness, for the reasons and in the manner set out above.

**Contact and communication**

Users contacting this website and/or its owners do so at their own discretion and provide any such personal details requested at their own risk. Your personal information is kept private and stored securely until a time it is no longer required or has no use, as detailed in the Data Protection Act 1998. Every effort has been made to ensure a safe and secure form to email submission process but we advise users using such form to email processes that they do so at their own risk.

This website and its owners use any information submitted to provide you with further information about the products / services they offer or to assist you in answering any questions or queries you may have submitted. This includes using your details to subscribe you to any email newsletter program the website operates but only if this was made clear to you and your express permission was granted when submitting any form to email process. Or whereby you the consumer have previously purchased from or enquired about purchasing from the company a product or service that the email newsletter relates to. This is by no means an entire list of your user rights in regard to receiving email marketing material. Your details are not passed on to any third parties.

These terms of use refer to the following additional terms, which also apply to your use of our Website: Our Privacy Policy, which sets out the terms on which we process any personal data we collect from you, or that you provide to us. By using our Website, you consent to such processing and you warrant that all data provided by you is accurate.

Our website is hosted on the Wix.com platform. Wix.com provides us with the online platform that allows us to sell our products and services to you. Your data may be stored through Wix.com’s data storage, databases and the general Wix.com applications. They store your data on secure servers behind a firewall.

All direct payment gateways offered by Wix.com and used by our company adhere to the standards set by PCI-DSS as managed by the PCI Security Standards Council, which is a joint effort of brands like Visa, MasterCard, American Express and Discover. PCI-DSS requirements help ensure the secure handling of credit card information by our store and its service providers.

**What we collect**

We may collect and process the following data about you:

1. Information that you provide by filling in forms on our website. This includes information you provide at the time of registering or at any subsequent point. As part of the signup process, we ask for your name, contact details and payment via Paypal. By filling in these details, you consent for us to use them to the extent necessary to fulfil our service to you;

2. Once you've signed up, we keep a record of all billings made to you. This helps us troubleshoot.

3. If you contact us, we may keep a record of that correspondence;

4. We may also ask you to complete surveys that we use for research purposes, although you do not have to respond to them;

Although we do not make it compulsory to give us every item of information we ask for, the more information you volunteer (and the more accurate it is), the better we can tailor our services for you. We don’t share your data with any third party other than those utilised to service our business. We will hold the above information for as long as is necessary in order to provide you with our services, deal with any specific issues that you may raise or otherwise as is required by law or any relevant regulatory body.

If you would like to: access, correct, amend or delete any personal information we have about you, you are invited to contact us at cahula@hotmail.com.

**Information we collect about others**

We may collect and process the following data about others that you provide us with, including (but not limited to) information that you provide by filling in forms on our website. For example, if you purchase a class as a gift for a third party, we will collect and process data about the recipient of the gift as well as from you. You represent and warrant to us that you have obtained the express consent from the individuals whose data you provide us with. For the avoidance of any doubt, any reference in this privacy policy to your data shall include data about other individuals that you have provided us with.

**External Links**

Although this website only looks to include quality, safe and relevant external links, users are advised adopt a policy of caution before clicking any external web links mentioned throughout this website. (External links are clickable text / banner / image links to other websites, similar to; [www.websitename.co.uk](http://www.websitename.co.uk/) or company name.)

The owners of this website cannot guarantee or verify the contents of any externally linked website despite their best efforts. Users click on external links at their own risk and this website and its owners cannot be held liable for any damages or implications caused by visiting any external links mentioned.

**Social Media Platforms**

Communication, engagement and actions taken through external social media platforms that this website and its owners participate on are custom to the terms and conditions as well as the privacy policies held with each social media platform respectively.

Users are advised to use social media platforms wisely and communicate / engage upon them with due care and caution in regard to their own privacy and personal details. This website nor its owners will ever ask for personal or sensitive information through social media platforms and encourage users wishing to discuss sensitive details to contact them through primary communication channels such as by telephone or email.

This website may use social sharing buttons which help share web content directly from web pages to the social media platform in question. Users are advised before using such social sharing buttons that they do so at their own discretion and note that the social media platform may track and save your request to share a web page respectively through your social media platform account.

**Resources and further information**

[Twitter Privacy Policy](https://twitter.com/en/privacy)

[Facebook Privacy Policy](https://www.facebook.com/about/privacy/)

[Google Privacy Policy](https://policies.google.com/privacy?hl=en-GB&gl=uk)

[Mailchimp Privacy Policy](https://mailchimp.com/legal/privacy/)

[Paypal Privacy Policy](https://www.paypal.com/en/webapps/mpp/ua/privacy-full)